



### LIMITS ON CLIENT CONFIDENTIALITY

Full confidentiality is protected under the law and within NASW ethics with the following exceptions:

1. If you are a danger to yourself or others.
2. You seek treatment to avoid detection or apprehension or enable anyone to commit a crime.
3. Your therapist was appointed by the courts to evaluate you.
4. You are under the age of 16 years and are the victim of a crime.
5. There are any reports or suspicions of previously unreported emotional, physical or sexual abuse or neglect to a minor (under the age of 18) or elder (someone over the age of 65).
6. You die and the communication is important to decide an issue concerning a deed or conveyance, will or other writing executed by you affecting an interest in property.
7. You file suit against your therapist for breach of duty or your therapist files suit against you.
8. You have filed suit against anyone and have claimed mental/emotional damages as part of the suit.
9. You waive your rights to privilege or give consent to limited disclosure by your therapist.
10. Your insurance company paying for services has the right to review all records.
11. This practice follows the guidelines of the DBT "consultation to the patient" rule.
12. You understand that in DBT the therapist participates on a consultation team, therefore client information may be discussed in order to help the therapist be effective and stay adherent to the treatment. This will be done while protecting the confidentiality of the client.
13. We have discussed the use of electronic communications, (email, Skype, texting) and understand that although provisions are taken to secure confidentiality (password protected documents) there are risks to confidentiality with any electronic modalities.

\*If you have any questions about these limitations, please discuss them with me.

Client Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Witness: \_\_\_\_\_ Date: \_\_\_\_\_

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