



TAMPA BAY CENTER  
**TBC** *for* **CBT**  
 COGNITIVE BEHAVIOR THERAPY



**DBT Skills Group:**  
*A Closer Look at One Mode of the Treatment*

Presented by: Nancy S. Gordon, LCSW

*\*Nationally recognized for providing and teaching adherent DBT and other evidence-based treatments.  
 Intensively trained in 1998 with hundreds of hours of advanced training.*

**Seminar Information:**

**Dates & Times:**

March 21st & 22nd, 2014  
 Fri: 8:30 AM to 5:00 PM  
 Sat: 8:30 AM to 2:00 PM

**Where:**

The Glasser Schoenbaum Human Services Center  
 1750 17th Street, Building J-1  
 Sarasota, Florida 34234

**Workshop Fees:**

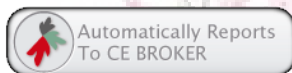
- \$275 per person, or \$250 per person for early bird registration and payment (Mar 1st)
- \$225 for registered interns and students
- \$50.00 deposit required

**Intimate small group training**

will allow for a greater interactive process and ability to tailor the training to your special needs.

**12 CE's provided (LMHC, LMFT, LCSW)**

Tracking # 20-430060



**\*Note: It is recommended that participants have some prior knowledge of DBT in order to gain the most out of this workshop.**

**Learning Objectives:**

1. Describe adherent DBT and the core research findings
2. Demonstrate how to use the a Diary Card and Behavior Chain Analysis with clients
3. Know the key teaching points for the 5 modules of DBT skills
4. Differentiate between adolescent and adult DBT Skills groups
5. Understand, practice and explain the role of mindfulness in DBT
6. Know how to develop the structure and inclusion criteria for DBT Skills Group
7. Develop skills to manage difficult client behaviors that occur in DBT Skills Group
8. Generalize suggested adaptations for providing DBT skills into their practice setting

**Register now: Limited Seats Available (20)**

Register at: [www.tbcbforcbt.com/sign-up](http://www.tbcbforcbt.com/sign-up)

**For more information and registration, contact:**



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*Tampa Bay Center for Cognitive Behavior Therapy, Inc.*